

## **ATASK: Engaging Masculinities and Teen Dating Violence Outline**

1. Day 1 - Engaging Masculinity Intro
  - a. Gender/ Gender expression
  - b. Femininity vs. Masculinity Expectations
    - i. What does femininity look like?
      1. Feminine characteristics
      2. In the media
      3. Emotions
      4. Work
    - ii. What does masculinity look like?
      1. Masculine characteristics
      2. In the media
      3. Emotions
      4. Work
    - iii. What does femininity not look like?
    - iv. What does masculinity not look like?
  - c. Healthy and Unhealthy Forms of Masculinity
    - i. What characteristics of masculinity could be unhealthy?
    - ii. What characteristics of masculinity are healthy?
  - d. What does this have to do with Domestic Violence?
2. Day 2 - Engaging Masculinity: Scenarios
  - a. Gender-Based Violence
    - i. Definition
    - ii. Prevalence
    - iii. Statistics
  - b. Case Scenarios - What would you do?
    - i. Street Harassment/ Cat-Calling
    - ii. Homophobia
    - iii. Gender-Inclusive Restrooms
    - iv. Sexual Harassment
3. Day 3 - Engaging Masculinity: 'Mask'ulinity
  - a. Review of Masculinity and Femininity
    - i. Why are we talking about feminine and masculine expressions and characteristics?
    - ii. Importance of Emotional Expression
  - b. Trying to Meet Expectations of Masculinity and Femininity
    - i. Personal Reflection

4. Day 4 - Teen Dating Violence: DV 101
  - a. Domestic Violence
    - i. Definition
    - ii. Forms of Domestic Violence
      1. Physical
      2. Emotional/ Verbal
      3. Sexual
      4. Cultural
      5. Economic/ Financial
    - iii. True or False Interactive Activity - Debunking Myths of Domestic Violence
  - b. Cycle of Violence
    - i. Tension Building
    - ii. Abuse
    - iii. Honeymoon Phase
  
5. Day 5 - Teen Dating Violence: Experiences of TDV and Victim-blaming
  - a. Stay or Go Activity
    - i. Victim-Blaming
    - ii. Potential Warning Signs of Abuse
  - b. Resources