

Athletics at BLS

Athletics play an important part in the lives of many BLS students. Student -athletes learn about teamwork, responsibility, leadership, fitness, hard work, and commitment. BLS supports these and the many other benefits of athletic participation. BLS boasts 58 Wolfpack teams competing in 30 different sports.

Practices are usually every day after school for several hours, during the last weeks of summer for fall sports, and over vacations. Teams practice at facilities all over Boston and compete primarily against schools not in the city. Away games can be far and students sometimes get home well into the evening.

Daily updates are available regarding schedules on BLS Website as well as Twitter:

<http://bls.org/>

https://twitter.com/bls_athletics

TEAMS 2016-2017

<u>FALL</u>	<u>WINTER</u>	<u>SPRING</u>
Cross country (b/g)(v)	Basketball (b/g) (v,jv,fr/frB)	Baseball (v/jv)
Soccer (b/g) (v/jv/fr)	Ice hockey (b/g) (v/jv)	Softball (v/jv)
Volleyball (g) (v/jv/fr)	Wrestling (coed) (v/jv)	Volleyball (b) (v/jv)
Swimming (g) (v)	Swimming (b) (v)	Outdoor track (b/g) (v)
Football (v,jv,fr) *	Indoor track (b/g) (v)	Crew (b/g) (v/n)
Golf (coed) (v)	Fencing (coed)	Sailing (coed)
Cheerleading (v,jv) *	Cheerleading (v/jv)	Lacrosse (b/g) (v/jv)
		Tennis (b/g)(v/jv)

(b) = boys, (g) = girls, (v) = varsity, (jv) = junior varsity, (fr) = freshman (7th-9th Graders)

* 7th grade not eligible

Starting Dates 2016 - 2017

Tryout schedules for fall, winter and spring sports are posted on the website and posted outside Mr. Owens' office and both locker rooms. In addition, there is usually a pre-season sports meeting a number of weeks before the season, led by Athletic Director, where coaches share information with participants.

FALL: Football – 8/18/17; All others: 8/24/17 **WINTER:** 11/27/2017 **SPRING:** 3/20/2017

Conclusion of a season is the last regular season game or the last MIAA-sponsored tournament.

Registering for a Sport

When trying out for a sport at BLS, the following requirements must be completed prior to the first day of tryouts:

1. **Sports Clearance Form** – issued by the BLS School Nurses. This can be obtained from the nurses' office when school is in session. For fall 2017 Sports, it can also be obtained on dates and times in August TBA (Prior to tryout dates). In order to get this form, a current physical, completed within 13 months of the start of the season, must be on file at the nurses' office. Note: The nurses will only issue this form to students. Also please note that if an injury/concussion has occurred after the date of the physical, an additional note clearing the student for play must also be submitted.
2. **Concussion course.** All players and parents must complete an on-line concussion course. The course can be found at: <http://www.nfhslearn.com/electiveDetail.aspx?courseID=15000> or at www.cdc.gov/Concussion. This should be done before registering.
3. **Opiate/ Substance Abuse Education:** All student-athletes and parents must read the information regarding opiate and substance abuse provided in this file labeled "Opiate Substance Information". Additional information is provided [here](#) as well. You will be required to acknowledge that you have read the information prior to registering.
4. **Sports Registration.** This must be done online by going to the BLS website's Athletics section, Sports Registration tab. Registration must be done each time a student is preparing to sign up for a sport. (You should complete the concussion course prior registering, as you will be asked to confirm participation while registering.)

Once you've completed all the steps above, bring the Sports Clearance Form to the first day of tryouts. Students who do not complete the above steps are not permitted to try out.

BLS Friends of Athletics

BLS Friends of Athletics is a parent group formed to support and enhance the athletic experience of students at BLS. The group works to promote opportunities for athletes and their teams and to provide wellness opportunities for students not currently involved in organized athletics at school. The group welcomes the involvement of parents at all grade levels. To get involved, contact us at craigbuttner@comcast.net **GO WOLFPACK!**